

# Price List 2011



Valid from January 27, 2011 to December 11, 2011

# Spa Smrdáky



ANNEX  
**MORAVA**  
\* \* \*

**COMFORT** - Comfortable room with bathroom (shower), TV (satellite programmes), telephone, radio and refrigerator. Most of the rooms are equipped with a small balcony.

**SUITE** - Separate bed- and living room, bathroom (shower), TV (satellite programmes), telephone, radio, minibar, refrigerator and hairdryer. Most of the suites are equipped with a small balcony.

HOTEL  
**CENTRÁL**  
\* \*

**STANDARD** - Room with bathroom (bathtub), TV (satellite programmes), telephone, radio and refrigerator.

**SUPERIOR** - Comfortable room with bathroom (shower), TV (satellite programmes), telephone, radio, refrigerator, hairdryer, minibar and internet access.

**SUITE** - Separate bed- and living room, bathroom (bathtub), TV (satellite programmes), telephone, radio, minibar, refrigerator and hairdryer.

HOTEL  
**VIETORIS**  
\* \*

**STANDARD** - Room with bathroom (shower), TV (satellite programmes), telephone, radio. Most of the rooms are equipped with a small balcony.

**SUPERIOR** - Comfortable room with bathroom (shower), TV (satellite programmes), telephone, radio, refrigerator, hairdryer, minibar and balcony.

**SUITE** - Separate bed- and living room, bathroom (bathtub), TV (satellite programmes), telephone, radio, minibar, refrigerator and hairdryer. Most of the suites are equipped with a small balcony.

ANNEX  
**ZÁHORÁK**  
\* \*

**STANDARD** - 2 room apartment with bathroom (bathtub), TV (satellite programmes), telephone, radio, hairdryer, refrigerator and kitchen.

ANNEX  
**ZÁHORIE**  
\*

**ECONOMY** - Room with washbasin, classic furniture, TV (satellite programmes). Each floor is equipped with a communal shower and toilet. Hairdryer and refrigerator upon request. Most of the rooms are equipped with a small balcony.

CHILDREN'S SANATORIUM  
**EVA**  
\*

**ECONOMY** - Rooms with washbasin and classic furniture. Each floor is equipped with a communal shower and toilet. Balneotherapy centre, lounge with TV (satellite programmes), PC room, sport room and school are situated in the sanatorium.

# Medical informations

## Indications

### adults - skin diseases

- » Psoriasis vulgaris, generalisata
- » Dermatitis atopica (Eczema atopicum)
- » Eczema chronicum, professionale
- » Neurodermitis circumscripta
- » Pruritus, Prurigo
- » Ichtyosis
- » Scleroderma circumscripta
- » Parapsoriasis
- » Acne vulgaris, indurata, conglobata
- » Rosacea
- » Dermatitis rosaceiformis
- » Conditions and statutes after burns

### diseases of locomotive organs

- » Rheumatoid arthritis
- » Psoriatic arthritis
- » Vertebropathy
- » Bechterev's disease
- » Osteoarthritis (coxartrosis, gonartrosis)

### children

- » Psoriasis - all the forms (vulgaris, generalisata)
- » Atopic dermatitis, also in connection with spastic bronchitis
- » Chronic and recidive eczemas, Chronic prurigo
- » Acne vulgaris, generalisata, conglobata
- » Chronic dermatitis with precondition of favourable influence and impact by spa treatment (scleroderma, dermatomyositis, ichthyosis, neurodermitis circumscripta, urticaria, dermatitis herpetiformis, lichen ruber, dermatitis seborrhoica)

## Contraindications

- » Bronchial asthma
- » Epilepsy
- » Pregnancy
- » Serious cardio-vascular diseases
- » Malignant processes
- » Infectious diseases
- » Acute thrombophlebitis
- » Acute psychosis
- » Labile diabetes
- » Addiction to alcohol and other addictive substances
- » Incontinency of urine and stools/faeces

## Spa treatments

1. Initial Doctor's Check up
2. Doctor's control
3. Final doctor's check up
4. Doctor's consultation
5. Opening and treatment of acne comedone
6. Head dermatosis treatment
7. Body dermatosis treatment
8. Skin cryotherapy
9. Treatment and/ or removal of wart or other comparable skin problems
10. Complete mineral bath
11. Mineral bath of lower extremities
12. Mineral bath of upper extremities
13. Mineral bath of upper and lower extremities
14. Mineral bowl
15. Mud pack
16. Local mud pack
17. Mineral water wash
18. Permanganate bath
19. Complete herbal bath
20. Oil complete bath (Balneum Hermal)
21. Complete bath with ingredients (salt, corn flakes, bran)
22. Individual therapeutic exercise
23. Partial medical massage
24. Segment and connective tissue massage
25. Group therapeutic exercise
26. Manipulation and mobilisation therapy
27. Ultrasound therapy
28. Diadynamic stimulus current therapy
29. Interference
30. Solux/infra red
31. Magnetic therapy
32. SUP phototherapy - complete
33. UVB 311 - comb
34. UVB phototherapy - local
35. UVA
36. UVB phototherapy complete
37. Sunlamp
38. Underwater jet massage
39. Scottish spray
40. Stepping bath
41. Whirling cascade - complete
42. Whirling for lower extremities
43. Whirling cascade for upper extremities
44. Individual bubble bath
45. Lymph massage
46. Paraffin pack
47. Paraffin hand or foot treatment
48. Relaxation massage
49. Whole body refreshing massage
50. Detox honey back treatment
51. Hawaiian LOMI LOMI massage
52. Indian anti - stress massage
53. Japanese massage of face with precious stones
54. Hot stone therapy
55. Foot reflex massage
56. Sauna
57. Whirlpool
58. Exercise classes
59. Aerobik

# Medical Spa Stays

## Intensive spa stay

This spa stay is aimed for patients with indications of skin diseases in combination with diseases of locomotive apparatus and with a recommended length of stay of 1 - 2 weeks only. The therapy includes up to 5 treatments per day, available from Monday to Saturday. The intensity of this healing program increases the strain of human organism and is not suitable for patients with weak physical condition or heart diseases and for elder people.

- » **Recommended length of stay: 1-2 weeks**
- » **Accommodation with full board** - buffet breakfast, lunch and dinner; dietary food upon doctor's recommendation or guest request
- » **Doctor and medical examinations** focused on skin diseases or diseases of locomotive apparatus; initial medical examination, prescription of individual therapeutic program, final medical examination, medical report including suggestions for future treatments, 24-hours medical emergency and nurse service
- » **Doctor visit** - 1x per week
- » **Therapeutic treatments** - individual therapeutic programme aimed at achieving positive results within shorter time frame. The therapeutic programme is based on treatments of the unique natural sources - hydrogen sulphide mineral water and sulphurous mud; hydrotherapy, phototherapy, special rehabilitation and reflex treatment, massages, lector therapy, treatment with creams and other treatments. Upon doctor's prescription the therapy includes up to 30 treatments per week (=7 nights) or up to 25 treatments per 6 nights. Treatment days are Monday - Saturday; on Sunday and public holiday treatments are available with surcharge only.
- » **Diagnostics and laboratory tests** - basic laboratory tests (blood count, sedimentation rate, chemical urine test, liver tests (ALT, AST, GMT), cholesterol (total), glycemic profile, EKG)
- » **Free entrance to the fitness, gym and group exercises**
- » **Leisure activities and cultural program according to daily offer**

## Complex spa stay

This spa stay is aimed for patients with indications of skin diseases in combination with diseases of locomotive apparatus and with a recommended length of stay of 2 - 3 weeks. The therapy includes up to 3 treatments per day, available from Monday to Friday. The adequate length of stay helps the immune system to recover and is followed by an adequate period of remission.

This flexible spa stay allows to modifying the number of treatments according to patient's physical condition and is useable for all clients.

- » **Recommended length of stay: 3 - 4 weeks**
- » **Accommodation with full board** - buffet breakfast; lunch and dinner; dietary food upon doctor's recommendation or guest request
- » **Doctor and medical examinations** focused on skin diseases or diseases of locomotive apparatus; initial medical examination, prescription of individual therapeutic program, final medical examination, medical report including suggestions for future treatments, 24-hours medical emergency and nurse service
- » **Doctor visit** - 1x per week
- » **Therapeutic treatments** - individual therapeutic programme based on treatments of the unique natural sources - hydrogen sulphide mineral water and sulphurous mud; hydrotherapy, phototherapy, special rehabilitation and reflex treatment, massages, lector therapy, treatment with creams and other treatments. Upon doctor's prescription the therapy includes up to 15 treatments per week (=7 nights) or up to 12 treatments per 6 nights. Treatment days are Monday - Friday; on Saturday, Sunday and public holiday treatments are available with surcharge only.
- » **Diagnostics and laboratory tests** - basic laboratory tests (blood count, sedimentation rate, chemical urine test, liver tests (ALT, AST, GMT), cholesterol (total), glycemic profile, EKG), for stays with minimum duration 13 nights
- » **Leisure activities and cultural program according to daily offer**

## Complex spa stay for children

This spa stay is aimed for children in the age of 3 - 18 years with indications of skin diseases and with a recommended length of stay of 3 - 4 weeks. The therapy includes up to 3 treatments per day, available from Monday to Friday. The adequate length of stay helps the immune system to recover and is followed by an adequate period of remission. This flexible spa stay allows to modifying the number of treatments according to patient's physical condition and is useable for all children.

- » **Recommended length of stay: 3 - 4 weeks**
- » **Accommodation with full board** - breakfast, lunch and dinner; dietary food upon doctor's recommendation or guest request
- » **Doctor and medical examinations** focused on skin diseases or diseases of locomotive apparatus; initial medical examination, prescription of individual therapeutic program, final medical examination, medical report including suggestions for future treatments, 24-hours medical emergency and nurse service
- » **Doctor visit** - 1x per week
- » **Therapeutic treatments** - individual therapeutic programme based on treatments of the unique natural sources - hydrogen sulphide mineral water and sulphurous mud; hydrotherapy, phototherapy, special rehabilitation and reflex treatment, massages, lector therapy, treatment with creams and other treatments. Upon doctor's prescription the therapy includes up to 15 treatments per week (=7 nights) or up to 12 treatments per 6 nights. Treatment days are Monday - Friday; on Saturday treatments are available with surcharge only.
- » **Diagnostics and laboratory tests** - basic laboratory tests (blood count, sedimentation rate, chemical urine test, liver tests (ALT, AST, GMT), cholesterol (total), glycemic profile, EKG), for stays with minimum duration 13 nights
- » **Leisure activities and cultural program according to daily offer**

# Relax Spa Stays

## Taste of Smrdáky

Hectic lifestyle and everyday stress influence our physical condition. This relax spa stay is aimed for people looking for relaxation in a quiet surrounding and trying our unique natural resources and treatments.

- » **Accommodation with half board** - buffet breakfast, dinner; dietary food upon doctor's recommendation or guest request
- » **Medical consultation** for individual prescription of treatments according to physical condition and client's preferences
- » **Relaxation treatments** - relaxation program includes up to 2 treatments per overnight Relaxation program offers an optimal selection out of following treatments:
  - Mineral bath
  - Mineral bath for upper extremities
  - Mineral bath for lower extremities
  - Mineral bowl
  - Partial mud pack
  - Whole body mud pack
  - Whirlpool bath
  - Permanganate bath
  - Complete whirling cascade
  - Whirlpool - hydromassage tub
  - Lymph massage of upper extremities
  - Whirlpool for upper extremities
  - Whirlpool for lower extremities
  - Scottish sprays
  - Partial medical massage
  - Reflex massage
  - Fitness
  - Sauna
- » **Leisure activities and cultural program according to daily offer**

## Beautiful skin

The relax stay is recommend for people looking for dermatologist advice and relaxation in quite surrounding. The natural healing resource help to rejuvenate skin.

- » **Recommended length of stay: 1-2 weeks**
- » **Accommodation with half board** - buffet breakfast, dinner; dietary food upon doctor's recommendation or guest request
- » **Medical consultation** for individual prescription of treatments according physician condition and client's preferences
- » **Therapeutic treatments** - individual therapeutic programme based on treatments of the unique natural sources - hydrogen sulphide mineral water and sulphurous mud; hydrotherapy, phototherapy, special rehabilitation and reflex treatment, massages, lector therapy, treatment with creams and other treatments. Upon doctor's prescription the therapy includes up to 12 treatments per week (=7 nights). Treatment days are Monday - Friday; on Saturday, Sunday and public holiday treatments are available with surcharge only.
- » **Relaxation treatments** - relaxation program includes:
  - 1 x Detoxication massage with honey
  - 1 x Indian anti-stress massage
  - 1 x Cosmetic examination and cosmetic facial treatment
- » **Free entrance to the fitness, gym and group exercises**
- » **Leisure activities and cultural program according to daily offer**

## Notes

**Initial medical examination** - complex medical examination incorporated into packages of medical spa stays, oriented towards exact needs of guests, prescription of therapeutic plan and prescription of healing treatments.

**Initial medical consultation** with doctor is specified only for the confirmation of health indication of the offered relaxation package. In case of health contraindication of some treatment, the doctor prescribes the adequate appropriate set of more considerate treatments.

**Medical check-up** - assessment of treatment progress by doctor, in case of need for adjustment of prescribed therapeutic treatments. Check-up examination is once a week in case of medical spa stays longer than two weeks. Additional examinations can be arranged individually at surcharge.

**Final medical examination** - evaluation of results of medical spa stay, evolvement of written report with further therapeutic regime; based on the guest's wish in Slovak, German or English language.

**Diagnostics and laboratory tests** - basic laboratory tests, basic examination of urine, glycaemia - blood sugar, uric acid, cholesterol in total, HDL, LDL, hepatic tests (AST, ALT, GMT, bilirubin), blood count, FW - sedimentation, ECG.

Examinations, diagnostics and healing treatments not listed in the package descriptions and prescribed medication need to be purchased according to the valid pricelist. Diagnostics and laboratory tests are performed only on working days.

# Price List 2011

Valid from January 27, 2011 to December 11, 2011

Price per person per night in EUR		MEDICAL SPA STAYS									RELAX SPA STAYS						Bed & Breakfast		
		Intensive Spa Stay min. 6 nights			Complex Spa Stay min. 6 nights			Complex Spa Stay for children* min. 6 nights			Taste of Smrdáky min. 2 nights			Beautiful skin min. 7 nights					
Spa hotel	room	Low season	Mid season	High season	Low season	Mid season	High season	Low season	Mid season	High season	Low season	Mid season	High season	Low season	Mid season	High season	Low season	Mid season	High season
Morava ***	DBL	60	65	68	48	53	56	50	53	56	46	51	54	48	53	56	36	41	44
	SGL	71	76	79	59	64	67				57	62	65	59	64	67	49	54	57
Centráľ **	DBL	57	62	65	45	50	53	50	53	56	44	49	52	45	50	53	32	37	40
	SGL	68	73	76	56	61	64				55	60	63	56	61	64	46	51	54
Vietoris **	DBL	57	62	65	45	50	53	50	53	56	44	49	52	45	50	53	32	37	40
	SGL	68	73	76	56	61	64				55	60	63	56	61	64	46	51	54
Záhorák **	DBL	57	62	65	45	50	53	50	53	56	44	49	52	45	50	53	32	37	40
	SGL	68	73	76	56	61	64				55	60	63	56	61	64	46	51	54
Záhorie *	DBL	47	52	55	35	40	43	50	53	56	33	38	41	35	40	43	20	25	28
	SGL	58	63	66	46	51	54				44	49	52	46	51	54	31	36	39
EVA * Children's Sanatorium	DBL							50	53	56									
	SGL																		

## \*Offer for accompanying person

With booking our „Complex Children Spa Stay“ we offer complimentary fullboard within the rate of „Bed & Breakfast“ for accompanying person.

The “Complex Children Spa Stay” is bookable without accompanying adult in EVA - Children's sanatorium only.

## Seasons

<b>Low Season</b>	27.01. 2011 - 16. 04. 2011 30.10. 2011 - 11. 12. 2011
<b>Mid Season</b>	17.04. 2011 - 02.07. 2011 04.09. 2011 - 29.10. 2011
<b>High Season</b>	03.07. 2011 - 03.09. 2011

## Slovak bank holidays

22. 04. 2011 - 25. 04. 2011 (Easter)
01. 05. 2011, 08. 05. 2011
05. 07. 2011
29. 08. 2011
01. 09. 2011, 15. 09. 2011
01. 11. 2011, 17. 11. 2011
24. 12. 2011 - 26. 12. 2011 (Christmas)

The first meal of all spa stays included in this pricelist is a dinner.  
Prices are subject to change.  
Prices include VAT (0% for packages, 20% for B&B). Prices may be adjusted in case of change of valid legislative provisions and rules by the VAT rate specified by law.  
Local tax for accommodation is not included in the price of stay. Hotel will request payment of the amount specified by law upon the client's arrival.

# Contact & other information

## SURCHARGES

Superior	Suite (per suite)	Lunch/ dinner
	26	8
	26	8
7	26	8
7	26	8
7	26	8
7	26	8
	26	8
	26	8
		8
		8

## Reservations

### Central reservation

#### Spa Smrdáky

Tel.: + 421 34 695 91 73

Fax: + 421 34 657 51 35

e-mail: [reservations.smr@spasmrdaky.sk](mailto:reservations.smr@spasmrdaky.sk)

### Cancellation conditions

The client may only cancel the reservation in writing and without charge when notifying the Spa Smrdáky properly in advance. In cases of late cancellation, the Spa Smrdáky reserves the right to request a cancellation fee as follows:

Number of days before arrival	Spa stays / Bed & Breakfast
Cancellation period 20 - 14 days before arrival	30% of requested services
Cancellation period 13 - 4 days before arrival	50% of requested services
Cancellation period 3 days before arrival or no-show	70% of requested services

No financial reimbursement is provided for unused booked services and changes to booked services during the client's stay (e.g. accommodation, boarding, healing treatments).

In case of earlier departure of client compared with a reservation, there is charged a cancellation fee in the amount of 50% from non-used booked services.

### Additional charges

» **A double room for single use:**

Spa Smrdáky invoices a price per person in a single room with an additional charge 25 EUR per night.

» **An additional bed subject possibility:**

Spa Smrdáky invoices a price per person in a double room

» **A pet:**

11 EUR per night

### Insurance

Insurance is not included in the price of the stay. The Spa Smrdáky recommends that clients arrange their own accident and medical expense insurance.

### Hotel accommodation for children

Spa Smrdáky provides free accommodation for children under the age of three years (including) who do not require bed. 50% discount from the price of hotel accommodation for children younger than 12 years (including).

### Arrival/Departure

**Check-in:** from 02:00 PM

**Check-out:** by 12:00 AM

### Transfers

Spa Smrdáky provides transfers to/from Spa Hotels to/from airports, railway stations and other requested locations in Slovakia and neighboring countries directly upon request. Prices of transfers upon request.

### Payment conditions

The full amount of ordered services must be paid to the account of Spa Smrdáky in EUR currency 14 days before arrival. Bank fees and charges have to be covered by the client.

If the full payment is not received before arrival Spa Smrdáky reserves the right to disregard the reservation.

### Bank details

**TATRA BANKA, INC.**

Hodžovo námestie 3, 811 06 Bratislava, Slovakia

**Bank account:**

Slovenské liečebné kúpele Piešťany a.s.

2922728005/1100

**BIC:** TATRSKBX

**IBAN:** SK52 1100 0000 00 29 2272 8005

### Address

SLOVENSKÉ LIEČEBNÉ KÚPELE PIEŠŤANY, a.s.

Winterova 29

921 29 Piešťany, Slovakia

IČO: 34144790, DIČ: 2020389668

Registration: Obch. reg. KS Trnava, odd. Sa, vložka č. 181/T



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[spasmrdaky.sk](http://spasmrdaky.sk)